

# Home Alone Safety Tips

*When you are at home alone, keep in mind the following tips:*

1. Keep all emergency phone numbers on the fridge. This should include the number of a safe neighbour or adult you know will be able to answer her/his phone, as well as 911.
2. Make sure you have your parents'/guardians' work and cellphone numbers.
3. Keep doors locked. Only open the door for people you are expecting to come over and have your parents'/guardians' permission to be there. If you have a security system, make sure you know how to use it so you can keep it on while you are home alone.



4. Keep information about being home alone offline and off social media.
5. When answering the phone, always pretend a parent/guardian is home. For example, "My mom is busy right now, may I take a message?"
6. If someone you are not expecting comes to the door, do not answer it. If it is important, they will come back at another time when your parents/guardians are home.
7. If there is anything you are not sure about, call your parents/guardians.
8. Avoid watching, reading or looking online at scary material that may trigger your imagination and make you feel scared.

