

"BATH SALTS" SALVIA & HALLUCINOGENS

Youth Truth Matters

What Are Bath Salts????

A synthetic, stimulant powder product that contains amphetamine-like chemicals, including mephedrone, which may have a high risk for overdose. Because the drug is new and some of the contents unknown, using it in any way is highly dangerous.

Risks

Bath salts are a dangerous drug whose full risks and effects are still unknown. What doctors at poison centers have reported is that bath salts can cause rapid heartbeat, high blood pressure, chest pains, agitation, hallucinations, extreme paranoia and delusions

Long Term Effects

Bath salts are a relatively new drug, so it's hard to know the full long-term effects, but they seem to have many similarities to methamphetamine (meth). Taking a lot of it for a long time can lead to emotional and physical "crash-like" feelings of depression, anxiety and intense cravings for more of the drug.

Though the name may sound harmless, bath salts are a dangerous synthetic stimulant that carry the risk of easy overdose, hallucinations and

Bath salts are illegal in Canada, Australia, Great Britain and in a growing number of U.S. states.

Bath salts, Plant food, Ivory Wave, Blow, Red Dove, Vanilla Sky, Aura, Zeus 2, Zoom, Bliss, Blue Silk, White Lightning, Ocean, Charge, Cosmic Blast, Scarface, Hurricane Charlie, Cloud 9, Energy 1, White Dove, and others

Salvia

Salvia divinorum can cause you to hallucinate.

Unable to tell the difference between fantasy and reality, it's a state of mind that always leaves you vulnerable to serious situations or fatal accidents.



There are many types of salvia plant, but salvia divinorum is the particular breed that, when ingested or smoked, can cause hallucinogenic effects. Hallucinogens like salvia divinorum make it nearly impossible to tell the difference between

Risks

People who abuse salvia generally experience hallucinations or episodes that mimic psychosis, meaning a complete loss of contact with reality. In this state of mind, you may lose all normal coordination, feel anxious and experience tremors, numbness, memory loss and nausea.



Long Term Effects

The long-term effects of salvia have not been studied, but experiencing a hallucination or a psychotic episode can make simple activities, like driving or

FYI

Your brain works tirelessly to process and respond to external information and to keep your body functioning efficiently. Hallucinogens like salvia divinorum are always risky, because of the powerful way they work to disturb the normal functioning of your brain. When you hallucinate, your brain loses the power it

Hallucinogens disrupt the normal functioning of your brain, making it hard to think, communicate and focus on reality. Psychosis, panic attacks and dangerous accidents are all possible risks of taking that one "trip."

What is it???

Hallucinogens are drugs that distort the way you perceive reality. They can cause you to see, feel and hear things that don't exist, making it hard to communicate or think clearly. They can also cause rapid, intense emotional mood swings.

Hallucinogens work by disrupting how your nerve cells and the neurotransmitter serotonin interact throughout the brain and spinal cord. By changing the normal, healthy structure of serotonin in the body, hallucinogens twist and alter the way your brain processes your senses, feelings and visual information. When you are unable to get a grip on reality, normal events and situations can take on an unreal and frightening quality.

The Risks

Taking any hallucinogens can cause you to experience anxiety, fear and paranoia, sometimes verging on psychosis (a complete loss of contact with reality). In this state of mind, it can be very easy to have a dangerous, or even fatal, accident

YOUTH TRUTH MATTERS



Common hallucinogens

LSD (AKA: Acid, blotter, cubes, microdot, yellow sunshine, blue heaven, Cid) — an odorless, colorless chemical that comes from ergot, a fungus that grows on grains.

Mushrooms (Psilocybin) (AKA: Simple Simon, shrooms, silly putty, sherms, musk, boomers) — psilocybin is the hallucinogenic chemical found in approximately 190 species of edible mushrooms.



Ecstasy XTC, X, E, Adam, Eve, clarity, hug, beans, love drug, lovers' speed, peace, uppers, Molly

Mescaline (AKA: Cactus, cactus buttons, cactus joint, mesc, mescal, mese, mezc, moon, musk, topi) — occurs naturally in certain types of cactus plants, including the peyote cactus.



FYI

The effects of hallucinogenic drugs are unpredictable. They depend on the amount taken and on your own unique personality and body chemistry. What is predictable is that when you hallucinate, you dramatically disturb the normal functioning of your brain. And this will always make you vulnerable to dangerous, or even fatal, accidents.