

Sexual Violence Awareness Month May 2013

Action Sheet

What do we know about Sexual Assault?

- In 2010, 682 assaults were reported to police in Nova Scotia
- About 84% of the victims/survivors were women
- In 2007, sexual assaults were 7.7% of all police reported violent offences in Nova Scotia.

What is Sexual Assault?

Sexual Assault is any form of non-consensual or forced sexual activity or touching, including rape. The Criminal Code of Canada characterizes sexual assault as an assault that is sexual in nature. Sexual assault offences include: simple sexual assault; sexual assault with a weapon, threats to a third party or causing bodily harm; and aggravated sexual assault.

What resources are out there?

Tri County Women's Centre provides:

- Intervention services to female victims of sexualized violence. The services are one on one support counselling, accompaniment and advocacy to female victims of sexual assault. We will work with male victims of sexualized violence to ensure they are aware of the services available to them. These services are to address and lessen the harm from sexual violence.
- Prevention services through educational programs, presentations, and resources on sexualized violence. These services are to prevent and stop sexual violence from occurring.
- Community Engagement opportunities to improve collaboration between service providers and implement best practices.

What we know is best practice in supporting victims of Sexual Assault?

It is recognized that the best response to sexual violence is a comprehensive one based on the uniform provision of basic core services that encompass personal healing, education, prevention, and advocacy work, working synergistically in communities to address root causes and harms of sexual violence.

What can you do in the event of Sexual Assault?

- Support victims of sexual assault by letting them know they are not to blame.
- Accompany them to the hospital and other appointments for support.
- Provide a listening ear .



Juniper House



Tri County Women's Centre



Parent's Place Yarmouth FRC



Acadia First Nation

Tri County
Women's Health
Coalition

NO MORE SEXUAL ASSAULT!