

# Responding to Disclosures of Sexual Assault within 120 Hours (in absence of SANE services) – A Tri County Service Provider Guide

## STEP 1: Ensure immediate safety of individual

If they are in immediate danger or seriously injured find a safe space and CALL 911 or proceed to the nearest hospital.

## STEP 2: Is the individual interested in seeking medical attention and/or forensic exam?

An individual may choose to access some/all medical services to treat any physical injuries, test for sexually transmitted infections (STIs) and receive emergency contraception. They may also choose to have a forensic exam to preserve physical evidence. If the individual does not want to disclose the sexual assault, they can still ask for a full STI screening and examination. Inform individuals of their choices and ensure they are aware the choice is *their* choice.

### No or Unsure

Respect their decision, and provide information and support as needed.

### Yes to Some Services

Provide information about the services and respect the individual's decision

### Yes to Both

Inform the individual that to preserve physical evidence it is *\*recommended* that they refrain from, showering, changing clothes, eating, or drinking, until after the examination.

## STEP 3: Refer the individual to the following community resources:

### Tri-County Women's Centre

Toll free: 1-877-742-0085  
Yarmouth: 12 Cumberland Street - (902) 742-0085  
Digby: 124 Water Street – (902) 245-6866  
Shelburne: 25 King Street – (902) 875-4777

### Juniper House

24 hr Crisis Line: 1-800-266-4087

### Mental Health Crisis Response Service (8:30-4:30)

Yarmouth: 60 Vancouver Street - (902) 742-4222  
Digby: 75 Warwick Street. – (902) 245-4709  
Shelburne: 1606 Lake Road – (902) 875-4200

### Mental Health Self-Referral (Intake) Line

Toll free: 1-844-380-4324

*More community resources on reverse*

## STEP 3: Proceed to the nearest emergency department

### Digby General Hospital Emergency Department

75 Warwick St. Digby  
(902) 245-2501

### Yarmouth Regional Hospital Emergency Department

60 Vancouver Street, Yarmouth  
(902) 749-2396

### Roseway Hospital Emergency Department

Roseway Hospital -1606 Lake Road  
(902) 875-3011

*\*If you plan to have an exam, it is best not to shower, bathe, or douche before you go. However, don't worry if you already did any of these things. The nurse or doctor will still take samples during the exam, and it's impossible to know what evidence might still be recovered. Also, the exam is still important, because it involves more than just collecting evidence.*

### No or Unsure

### Yes

### Already Have

## STEP 4: Is the individual interested in making a police report?

## STEP 5: Contact Police and refer to resources

**RCMP - Yarmouth Town Detachment**  
233 Water St, Yarmouth  
(902) 742-8777

**RCMP - Yarmouth County Detachment**  
156 Starrs Rd, Yarmouth  
(902) 742-9106

**RCMP - Barrington Detachment**  
2486 Nova Scotia Trunk 3, Barrington  
(902) 637-2325

**RCMP Shelburne Detachment**  
200 Harriet St, Shelburne  
(902) 875-2490

**RCMP - Digby Detachment**  
129 Victoria St, Digby  
(902) 245-2579

**RCMP - Meteghan Detachment**  
60 Connector Road, Meteghan  
(902) 645-2326

**Reports of sexual assault of persons under 16 (or 19 if the abuse is by family members) must be reported to child protection services:**

Yarmouth: (902) 742-0700  
Shelburne: (902) 637-2337  
Digby: (902) 245-5811

# Responding to Disclosures of Sexual Assault after 120 Hours

## A Tri County Service Provider Guide

